

Employee Assistance Program Plan Comparison

*EAP SERVICES	MHN	CONCERN
Available 24 hours a day, seven days a week for immediate crisis support	X	X
Counseling options In- Person, Video and Telephone	X	X
Additional counseling options: Live Chat and Text Therapy		X
Critical Incident Response support	X	X
Problem-solving support (i.e., behavioral health, relationship issues, stress, grief, traumatic events, concerns about substance misuse)	X	X
Five sessions for problem solving support per incident per fiscal year	X	X
Work Life services (i.e., legal, financial, childcare and eldercare assistance, identity theft recovery, daily living, retirement planning, estate planning, real estate legal services)	X	X
Health and wellness tools	X	X
Access care through a digital platform on any electronic device		X
Offers Counselor Connect Service that connects employee with counselor and assists with scheduling the appointment for the employee		X
Curated self-help library		X
Offers a First Responder Specialty Program with trauma trained specialist		X
Continuously recruiting, evaluating, and contracting professional clinicians to join team for continuity of care		X

*Summary list of services